

Nataly Kogan

press & speaking kit



- **"Official" bio**
- **Headshots**
- **Speaking topics**
- **Contact info**

www.natalykogan.com



"Official" bio

A leading expert on emotional fitness and leadership, Nataly Kogan is an entrepreneur, best-selling author, and keynote speaker on a mission to activate millions of people to struggle less, thrive more, and embrace their Awesome Human!

Nataly immigrated to the US as a refugee from the former Soviet Union when she was 13 years old. Starting her American life in the projects and on welfare, she learned English by watching "Who's the Boss?" on repeat.

She went on to reach the highest levels of success at McKinsey and Microsoft, as a Managing Director at a venture capital fund, and as founder or executive at 5 startups and tech companies.

But after years of chasing a non-existent state of nirvana, Nataly suffered a debilitating burnout that led her to find a new way to live and work.

Nataly is a sought-after international keynote speaker and has appeared in hundreds of media outlets, including The Wall Street Journal, Harvard Business Review, The New York Times, TEDx Boston and SXSW.

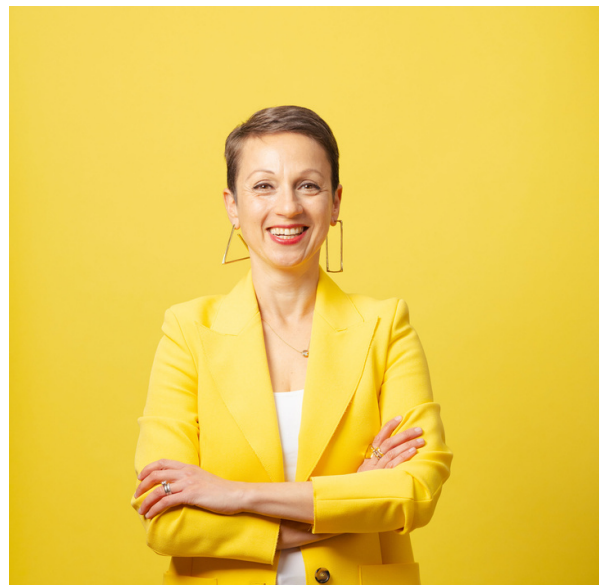
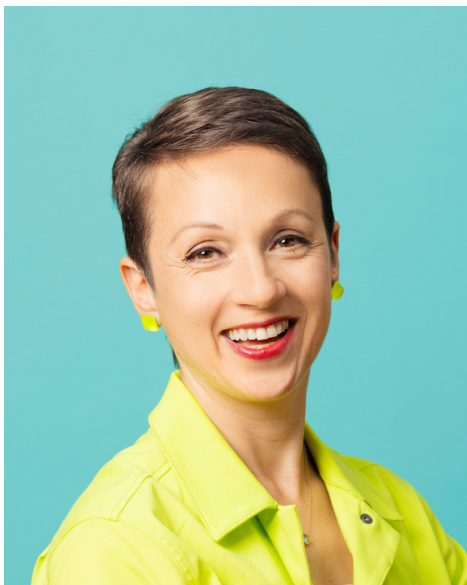
She is the founder of Happier, Inc. and has worked with hundreds of top companies, teams, and leaders through her Happier @ Work and leadership programs.

Nataly is the author of Happier Now, The Awesome Human Project, and The Awesome Human Journal, and hosts The Awesome Human Podcast that people call their "best-self hour".

Nataly began painting when she turned 40 and is a self-taught abstract artist. She loves yellow, overuses the word "awesome", and is the funniest person in her family. (Just ask her husband and daughter, her favorite Awesome Humans.)

For more, please visit natalykogan.com.

Headshots





Speaking topics

Nataly's transformative, virtual and in-person keynote presentations will activate your audience with accessible, science-backed skills, inspiring leadership insight, and her incredible life story brought to life on stage with her vibrant energy, humor, and creativity.

Unleash Your Awesome Human!

Thriving Through Change

Emotionally Fit Leadership

Success Is What You Give

Happiness is a Skill

For more details on Nataly's speaking, please visit natalykogan.com/speaking.

Contact info



Email

nataly@happier.com

Website

natalykogan.com

Linkedin

<https://www.linkedin.com/in/natalykogan>

Instagram

<https://www.instagram.com/natalykogan>